



Walk About Stirling Rural Group Sept to Dec 2008

All Walks start at 11.00am—please be at meeting point by 10.45am

Day	Meeting Point	Walk Route
Thurs 4 th Sept	GARTNESS Park at Wishing Well	Walk along the West Highland Way
Thurs 11 th Sept	MUGDOCK PARK Car park by Visitor Centre	Park Walk
Thurs 18 th Sept	FINTRY Park at the sports centre	Local paths
Thurs 25 th Sept	ABERFOYLE Park near the Woollen Mill	Local paths
Thurs 2 nd Oct	GARTOCHAN Park at the Guide Hut beyond the campsite	Gartochan Nature Reserve
Thurs 9 th Oct	DRYMEN Forest Car Park up hill beyond school	Drymen Forest Walk
Thurs 16 th Oct	HOLIDAY	No walk
Thurs 23 rd Oct	BLANEFIELD Church car park by War Memorial	Pipe Track from Blanefield towards Killearn
Thurs 30 th Oct	KILLEARN Car park at the Beech Tree	Walk along the West Highland Way
Thurs 6 th Nov	DALMARY Car park near Water Board house on Drymen to Gartmore road	Forest Walk
Thurs 13 th Nov	MILTON Milton Forest car park.	Loch Ard Walk
Thurs 20 th Nov	STRATHBLANE Park at church (left at roundabout after Kirkhouse Inn)	Cycle path to Lennoxtown
Thurs 27 th Nov	KIPPEN Park in main street near the school	Paths around Kippen
Thurs 4 th Dec	DRYMEN Buchanan Castle Golf Club- car park	Paths around Buchanan Castle Estate (followed by Christmas lunch)

The walks are for gentle exercise and are led by trained walk leaders. They last for approximately 45 mins – 1 hour. Please remember to wear footwear with a good grip. **Contact:** Susi- 01360 440849 or 07895 512266, Lindsey- 01360 440471 mobile 07836 786259 Ann- 07746453840 if you require directions to the meeting point.

For general information, contact: Tricia Cumming on 01786 432323 or e-mail cummingp@activestirling.org.uk



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