

A close-up, profile view of a woman with long brown hair, smiling warmly. She is wearing a light blue, short-sleeved, ribbed t-shirt. A blue lanyard with a yellow whistle is around her neck. The background is a wooden gymnasium floor with white and blue lines. Overlaid on the left side of the image are several concentric, semi-transparent white circles.

Coaching Stirling

Coach Education Programme 2007



Coaching Stirling is the local coaching strategy, which aims to develop the quality and quantity of the local coaching workforce. This programme offers all local coaches the opportunity to develop and expand their knowledge and skills in their chosen sport and generic areas relating to the development of sport. Why not come along, enjoy the experience and develop your expertise. Please use the enclosed booking form.

If you are looking for a course that is not listed please contact us to express your interest. Additional courses can be run on demand.

Generic Programme

Sport	Venue	Day(s) & Date(s)	Time	Cost
Emergency First Aid Course	Forthbank	Mon. 19/03/07 Wed. 07/11/07	6.00-10.00pm	£15.00 (free to coaches working in clubs affiliated to Stirling Sports Council or within Sports Development Team)
	Balfron H.S.	Mon. 22/10/07	5.45-9.45pm	
Sport Coach UK How to Coach Disabled Performers	Stirling University	Sat.10/02/07	9.00-12.00	£15.00 no free places
Safeguarding & Protecting Children	Forthbank	Wed. 28/02/07	6.30-9.30pm	£20.00 (free to coaches working in clubs affiliated to Stirling Sports Council or within Sports Development Team)
Goal Setting & Planning	Forthbank	Thur. 26/04/07		
Coaching Children & Young People	Forthbank	Thur. 23/08/07		
Good Practice & Child Protection	Forthbank	Tues. 02/10/07		

TOPS introduces children (4-12 years) to the essential core skills such as throwing, catching, running and jumping, then progresses on to develop the skills in specific sports. This course will enable you to coach as a volunteer within the TOPS afterschool programme.

Dunblane Cluster: In-Service TOPS Training	Doune P.S Dunblane P.S	Thur.01/02/07 Wed.19/09/07 &Wed. 26/09/07	6.30-8.30pm 6.15-9.00pm	Free
Games Training (Parachute, skipping, general games)	Dunblane P.S.	Wed. 21/02/07	4.30-6.00pm	Free
Bannockburn Cluster: TOPs Training	Bannockburn P.S.	Tue.27/02/07 & Tue. 06/03/07	6.15-9.00pm	Free
TOPS Training	Bannockburn P.S.	Tue. 30/10/07 & Tue. 06/11/07		
Balfron Cluster: TOPS In-Service TOPS Training	Killearn P.S. Killearn P.S.	Wed. 28/02/07 Mon. 01/10/07 Mon. 08/10/07	6.15-8.30pm 6.15-9.00pm	Free
Stirling Cluster: In-Service	Borestone P.S.	Wed. 17/01/07	5.00-8.00pm	Free
FreeMcLaren Cluster: TOPS Training	Callander P.S.	Mon. 19/11/07 Mon. 26/11/07	6.00-9.00pm	Free
Wallace Cluster: TOPS Training	Wallace H.S.	Wed. 28/11/07 Wed. 05/12/07	6.30-9.00pm	Free

Sports Specific Programme

Sport	Venue	Day(s) & Date(s)	Time	Cost
Athletics: Children in Athletics	Stirling University	Sat. 10/02/07	8.45-5.15pm	£50 payable to Scottish Athletics Ltd
Level 1 Coach	Stirling University	Sun. 11/02/07	8.45-5.15pm	£50.00 payable to Scottish Athletics Ltd
Basketball: Level 1	Stirling University	Sat. 10/02/07 & Sun. 11/02/07	9.00-5.00pm	£50.00 payable to Basketball Scotland
Cricket: Introductory Cricket Course	Stirling University	Sat. 10/02/07		£10.00 payable to Cricket Scotland
Introductory Cricket Course	McLaren H.S.	Tues. 06/03/07 & Tues. 13/03/07	9.00-5.00pm 6.00-9.00pm	£10.00 payable to Cricket Scotland
Football: Level 1 Early Touches	Allan Centre Bridge of Allan	Sun. 18/02/07	10.00-4.00pm	£30.00
Level 1 Development Activities	Stirling University Allan Centre Bridge of Allan	Sun. 11/02/07 Sun. 29/07/07	10.00-4.00pm 10.00-4.00pm	£30.00 £30.00
Level 2 Coaching Young Footballers	Allan Centre Bridge of Allan	Sun. 22/04/07 & Sun. 29/04/07	10.00-4.00pm 10.00-4.00pm	£45.00
Level 2 Coaching Youth Footballers	Forthbank	Sun. 16/09/07 & Sun. 23/09/07	10.00-4.00pm 10.00-4.00pm	£45.00
Level 3 Coaching in the Game	Forthbank	Sun. 27/05/07 & Sun. 03/06/07	10.00-4.00pm 10.00-4.00pm	£45.00
Level 1 Goal Keeping	Kings Park	Sun. 21/10/07	10.00-4.00pm	£30.00



Sports Specific Programme

Sport	Venue	Day(s) & Date(s)	Time	Cost
Gymnastics British Gymnastics, Floor, Vault & Bench Course	Dunblane P.S	Mon. 29/10/07 Mon. 05/11/07 Mon. 12/11/07 Mon. 19/11/07 Mon. 26/11/07 Mon. 03/12/07	6.00-9.00pm	Leader £140 Assist £120 (including Scottish Gymnastics Registration fee)
Golf PGA Clubgolf Level 1	Gannochy Sports Centre, Stirling University	Sat. 20/01/07 & Sun. 21/01/07	9.00-5.00pm	£117.50
	Callander Golf Club	Sat. 17/02/07 & Sun. 18/02/07	9.00-5.00pm	£117.50
PGA Golf Stage 2 Development	Brucefield Golf Centre, Bannockburn	Sun. 04/02/07	10.00-1.00pm	£15.00
	Callander Golf Club	Sun. 25/02/07	10.00-1.00pm	£15.00
Hockey Hockey Leaders Award	Stirling University	Sun. 11/02/07	9.30-4.00pm	£25.00
Rugby Rugby Foundation	Stirling University	Sun. 11/02/07	10.00-4.00pm	£20.00 payable Scottish Rugby
Swimming Level 1	Rainbow Sides/ Stirling University	Sept/Oct 07 TBC	2 weekends, Fri. evening, all day Sat/Sun.	Approx £130
Level 2	Rainbow Sides/ Stirling University	Feb/Mar 07 TBC	3 weekends, Fri. evening, all day Sat/Sun.	Approx £300



Coach Education Programme

January - December 2007

Booking Form

Name

Address

Post Code

Telephone

E-mail

Club (if appropriate)

Main Sport

Affiliated to Stirling Sports Council

Yes

No

Please reserve a place for me on the following courses:

Course

Date

Cost

Course

Date

Cost

Course

Date

Cost

Course

Date

Cost

Total

Where appropriate please enclose fee payable to Active Stirling Ltd.

Please return to:

Active Stirling, 3rd Floor Wolfcraig,
1 Dumbarton Road, Stirling FK8 2LQ

For further information or booking forms, contact
Active Stirling 3rd Floor, Wolfcraig
1 Dumbarton Road
Stirling FK8 2LQ

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