

# Come and join us!

## Volunteer at an afterschool club.

TOPS and sports afterschool clubs are a great fun way for kids to learn new skills, build confidence and mix with others. As a volunteer you'll help with play, sport and activity games to develop basic skills such as throwing, catching and jumping. We give full training and support to all volunteers and you don't need any experience to join.

We'd love to hear from you!

If you'd like to get involved please call us on **0300 028 0101**, email [askus@activestirling.org.uk](mailto:askus@activestirling.org.uk) or complete the form below.



Name:

Daytime Tel:

Email:

Send to: **Active Stirling Ltd** No 23, 15 Borrowmeadow Rd, Stirling, FK7 7UW or hand back to your local school.