



## Corporate Curling Information Notes:

**Q. How many people do we need to hire a sheet?**

**A.** Typically there are 4 people in a team, with two teams playing against each other on 1 sheet.  
8 people = 1 sheet / 16 people = 2 sheets / 24 people = 3 sheets.  
For corporate curling events we will accept up to a maximum of 10 per sheet.

**Q. How many coaches will we need?**

**A.** To ensure you have the best experience possible we recommend 1 coach per sheet.

**Q. Do we need our own equipment?**

**A.** All equipment provided is included in your price for you to enjoy your day. We provide all the equipment needed for your enjoyment which consists of stones, brushes and overshoe to help you with the delivering of the stones. Changing rooms with showers and also refundable lockers are within the ice arena.

**Q. Do we need to have curled before?**

**A.** No, our qualified and experienced coaches will guide you through the basic rules and techniques.

**Q. Are we required to wear certain shoes or clothing?**

**A.** Suitable clothing for curling is jogging/tracksuit bottoms with a couple of layers of loose clothing t-shirt/fleece up top. Hats and Gloves can also be worn if you get cold easily.  
Please don't wear jeans as they are too restrictive when delivering a stone and also aren't that warm. Rubber soled trainers/shoes are the most suitable for wearing on the ice.  
Please ensure that footwear is clean as entry onto the ice surface will not be permitted if dirty. Leather soled shoes aren't suitable for wearing on the ice.

**Q. Can we arrange catering as part of our day?**

**A.** Yes, we have on-site caterers who will be happy to provide food and drink before or after you have been on the ice. For more information, please contact Zak's Restaurant Manager on 01786 446 375 or email [info@sportscafe.org.uk](mailto:info@sportscafe.org.uk) or visit [www.sportscafe.org.uk](http://www.sportscafe.org.uk)